

Health and Safety Checklist

Occupational Health and Safety requirements Conditions/ Checklist for the provision of maternity care with regard to occupational health and safety.

There are a number of conditions with regard to occupational health and safety that you as a client must meet. These conditions are based on (Arbo) legislation and national safety guidelines. The conditions are intended to ensure that during the provision of care, the maternity nurse can do her work in a safe working environment in accordance with Arbo guidelines and that there is a safe environment for the care of mother and child. You will find the conditions below in the Overview of Conditions regarding Occupational Health and Safety legislation and safety.

Discussion of conditions during intake interview

During the intake interview, the consultant explains these conditions and the occupational health and safety requirements.

If certain materials or situations do not (yet) meet the requirements, we follow the following route:

1. The consultant will give you advice on how to meet the requirements. You may be able to find a solution in the immediate area (think of borrowing materials).
2. The consultant records the agreements made in the Care Plan and in the Addition to the care agreement. If you have any questions after the intake, you can call us on telephone number 085 - 800 1801 or sent an email to info@kraamzorgmarcelle.nl.
3. If these agreements have not yet been met when care starts, this is possible have consequences for the method of delivery of maternity care. Certain tasks or actions cannot then be carried out or cannot be carried out in part.
4. If incorrect working heights, materials and resources limit the performance of care activities for mother and child, agreements will be made in consultation with you and the midwife and these will be noted in the care plan.

For example:

- If the electrical devices are not sufficiently safe, the maternity nurse cannot use this device.
- If the work location and working conditions are insufficiently safe for the maternity nurse, care can be legally stopped for this reason. (Unsafe situation is defined as undesirable behavior, (threat of violence, coercion, dangerous pets or sexual intimidation) care will be stopped immediately.

Overview of conditions in the context of occupational health and safety legislation and safety

Bed client

- The client's bed is at the correct height of 70 to 90 cm
- No bed against the wall
- No bed under a sloping roof or maternity nurse: If the height of the bed does not meet the requirements, the bed will not be changed or should be done by the partner/informal caregiver.
- No waterbed: If you have a waterbed, you need another (single) bed placed at the correct working height.

Hot and cold running water

- There is hot and cold running water on the floor where mother and child are cared for. If this is not the case, the bath can be given on a floor where there is cold/warm running water or, if possible, the partner/informal caregiver can fetch water.

Chest of drawers

- Chest of drawers is available
- The chest of drawers has a working height of at least 90 cm and a depth of at least 70 cm *If this is not the case, create a stable dressing option, possibly by placing bobbins.*

Baby bath

- Baby bath with stand available.
- A baby bath is at a standard height, around 90 cm. bucket *If this is not the case, create a stable washing option, possibly by placing it in the bath.*
- The baby bath has a closing cap or you can scoop the water out of the bath with a bucket or have the bath emptied by your partner/carer.

Baby bed and safe sleeping

- The crib has a height-adjustable base (not applicable to a cradle) *If this is not the case, putting the child to bed is carried out by the partner as much as possible.*
- Crib or bed (sleeping surface) is larger than the size of a stroller box *If this is not the case, for safety reasons no hot water bottle is used in the crib/bed for the newborn, only to preheat the bed.*
- Good hygienic working conditions *When it comes to the healthcare worker's health, a solution is sought in consultation with the obstetrician.*

Hot water bottles

- There are 2 hot water bottles available
- The hot water bottles are compliant after being checked by the client for leaks. *If the jug does not comply, it will not be used.*
- Note: An electric hot water bottle is allowed but only to preheat the crib. From the moment that the baby goes in the crib, the electric hot water bottle need to be remove.

Guaranteeing hygiene and safety

- Well-functioning washing machine (if placed in the attic, accessible via fixed stairs)
- Clothes line/clothes rack available
- Clothesline is at the correct height
- Laundry basket available (optional if there is no dryer)
- Stable ironing board that is height adjustable (80-95 cm)
- Iron with safe cord If this is not the case, ironing cannot take place, because the iron cannot be used
- Vacuum cleaner with undamaged cord and easy to carry (max 10 kg) the vacuum cleaner should not be used If this is not the case, vacuuming cannot take place. It must also surface so that the maternity nurse can carry out her work.
- Stair railings available (no steep stairs or narrow steps) you take care of the vacuum cleaner yourself If this is not the case, the maternity nurse will not carry anything in her hands (not even the newborn) when going up and down the stairs.

The living space need to be a smoke-free environment for the maternity nurse (In case of non-compliance you will only receive the minimum care of 3 hours per day. We don't stand for any aggression, intimidation and violence (undesirable behavior) . In the event of undesirable behavior, care provision will stopped immediately for reasons of safety for the healthcare worker.

Cleaning products:

- 2 clean buckets
- Clean mop with mop stick. If there is no mop stick, the nurse will not mop the floor
- Sufficient (at least 6) work wipes (sanitary/kitchen/other), throw away wipes are also fine

Declaration of Occupational Health and Safety Requirements – Marcelle's Kraamzorg

The undersigned hereby declares to have read and understood the *Occupational Health and Safety Requirements* associated with the provision of maternity care by Marcelle's Kraamzorg, MHI B.V. (version 25-02-2025), and agrees to the terms and conditions outlined in the attached document.

I declare that I will ensure a safe and hygienic working environment as described, including (but not limited to):

- A bed at the appropriate working height (70–90 cm), placed freely in the room;
- Availability of hot and cold running water on the floor where mother and baby are cared for;
- A safe changing table, baby bath with stand, and a suitable sleeping environment for the baby;
- No hazardous or unhygienic conditions for the maternity care worker;
- A smoke-free environment and the absence of aggression or other undesirable behavior during care.

If any of these conditions are not met, I understand this may affect the nature and scope of the care provided.

Client's name:

Address:

City:

Date: / / 20.....

Client's signature: